

Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day

MARCH 2024

Cherry Valley-Springfield Central School

Offer vs. Serve
Cafeteria must offer all 5 meal components
Students **MUST** choose a fruit or vegetable & at least 2 other components (Total of 3)
Students may choose up to all 5 components.

Monday



Tuesday

Wednesday

Thursday

Friday

4

Chicken Nachos w/ Cheese
Whole Grain Tortilla Chips
Lettuce, Salsa, Sour Cream
Fiesta Black Bean
Fresh Fruit, Milk

5

Hot Dog
Whole Grain Bun
Baked Beans, French Fries
Fresh Fruit, Milk

6

Deli Day
Ham or Turkey
Whole Grain Roll
L.T.O.P, Cucumbers, Celery
SunChips
Fresh Fruit, Milk

7

Hamburger/Cheeseburger
Whole Grain Bun
L.T.O.P
Baked Lays
Fresh Fruit, Milk

8

Cheese Pizza
Whole Grain Crust
Crisp Romaine Salad
Fresh Fruit, Milk

11

Chicken Alfredo over Spaghetti
Whole Grain Roll
Steamed Broccoli
Fresh Fruit, Milk

12

WG Cheese Filled Breadstick
Creamy Tomato Soup
Baby Carrots
Fresh Fruit, Milk

13

Beef & Cheese Tacos
w/ Salsa, Sour Cream, Lettuce
Whole Grain Tortilla
Black Beans, Steamed Rice
Fresh Fruit, Milk

14

Chicken Patty
Whole Grain Bun
L.T.O.P
Celery/Cucumber Slices
Fresh Fruit, Milk

15

Early Dismissal
Peanut Butter & Jelly
Yogurt/Cheesestick
Veggies w/Hummus
Fresh Fruit, Milk

18

Chicken Sandwich
Whole Grain Bun
Pickles, Special Sauce
Seasoned Waffle Fries
Rainbow Pepper Strips
Fresh Fruit, Milk

19

Beef Nachos w/ Cheese
Whole Grain Tortilla Chips
Lettuce, Salsa, Sour Cream
Black Bean Corn Salad
Fresh Fruit, Milk

20

Popcorn Chicken w/ Dipping
Sauce. Steamed Green
Beans
Whole Grain Corn Muffin
Fresh Fruit, Milk

21

Roast Turkey w/ Gravy
Whole Grain Roll
Mashed Potatoes, Steamed
Carrots
Applesauce, Milk

22

Cheese/Pepperoni Pizza
Whole Grain Crust
Crisp Romaine Salad
Fresh Fruit, Milk

25

Caesar or Buffalo Chicken Wrap
Whole Grain Tortilla Shell
Lettuce, Tomatoes, SunChips
Hummus w/Veggies
Fresh Fruit, Milk

26

Meatballs w/ Rotini Noodles
WG Garlic Breadstick
Crisp Romaine Salad
Fresh Fruit, Milk

27

Brunch for Lunch
Blueberry or Plain Pancakes
NYS Maple Syrup
Roasted Potatoes
Sausage Links
Applesauce, Milk

28

Chef's Choice
Whole Grain Roll
Fresh Veggie
Fresh Fruit, Milk

29

No School

Our school is participating in the NYS Farm to School Initiative.
A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms.

Alternative Entrée's offered Daily
Peanut Butter & Jelly
Yogurt & Cheesestick
Salad Bar